



Sae'e

"Purify your soul and your innermost being for the meeting with Allah, on the day when you will meet Him when standing on Safa. Take on valour and compassion from Allah be annihilating your attributes at Marwa." Imam Jaafar Sadiq (as)

Go between Safa and Marwa, the two mounds near the Kaaba and perform seven one-way laps starting at Safa and ending at Marwa. One lap is the distance between Safa and Marwa.

At the beginning of this ritual make your niyyat (intention) by saying: "I perform Sae'e making seven rounds between Safa and Marwa of Umrat-u-Tamattu' for Hijjat-ul-Islam, seeking nearness to Allah, The Most High."

Running between the green lights on the path between Safa and Marwa is mustahab (recommended) for men.

Resting, standing or sitting between or at the mounds of Safa and Marwa is permissible.

It is not incumbent upon the pilgrim to be at state of taharah during Sae'e.

When performing Sae'e never turn your back and always walk forward except if you have

completed one-lap and are turning to proceed to the next lap. You may look sideways or backwards.

More Details

You must perform exactly seven laps. Deliberate addition of laps will invalidate the Sae'e.

Adding extra laps by mistake does not invalidate the Sae'e. It is mustahab (recommended) however in this case to complete the remaining laps to make seven laps and thus perform a full Sae'e. Depending on the number of extra rounds added mistakenly, one might end the new Sae'e at Safa.

Taqseer is not obligatory immediately after Sae'e. It is permissible to perform it anytime anywhere. Remember however that the Ihraam of Umra applied until the Taqseer is performed.

Doubts in Sae'e

If doubt creeps up about the number of laps of Sae'e or whether Sae'e was completed properly, it can be ignored under certain conditions and under other conditions it invalidates the Sae'e. Some of these are as follows:

- In Umrat-u-Tamattu', if such doubt creeps up after Taqseer, it must be ignored.
- In Hijjat-u-Tamattu', if such doubt creeps up after embarking onto Tawaf-e-Nisa, it must be ignored.

- Before Taqseer and after completing Sae'e, if doubt creeps up about the number of laps in Sae'e and if the doubt was in favor of an increase of more than 7 laps such as 9 then it must be ignored. However, if the doubt was in favor of a lesser number of laps such as 6 or 5, the Sae'e is invalid.
- As a general rule, if there is doubt in the number of laps during Sae'e other than what was mentioned above then it is invalidated and Sae'e must be redone.